



LIFTUP OF ROUTT COUNTY
 2125 Curve Court
 Steamboat Springs, CO 80487
 970-875-3443 programs@liftuprc.org

LiftUp's Rocket Pack Summer 2021 Program

Student Information <i>(Please complete a separate form for each child.)</i>	
Child's Name	School
Pick up at: LIFT UP FOOD BANK	Grade in next year

Referred by: Parent <input type="checkbox"/> Teacher <input type="checkbox"/> Administrator <input type="checkbox"/> Other <input type="checkbox"/>	
Name	
Email address	Phone

Is the child from a low-income family and/or does the child experience food insecurity? Even if the family is not enrolled in a low-income program, the child may still qualify for the program based on the answers given below. Please respond in one of the following 2 sections in order to qualify the child for this program:

PLEASE SELECT ONE OF THE FOLLOWING for the child's family/guardian:

SNAP TANF WIC Free or Reduced lunch LiftUp Client or, current monthly income \$ _____

PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT THE CHILD, even if you did not check any of the above:

	YES	SOMETIMES	NO
1. Does your child/student experience significant hunger during the day?			
2. Did your child/student ask for snacks after eating lunch?			
3. Did your child/student express a desire to have similar snacks choices as their peers?			
4. Do you feel your child/student needs more nutritional food than he/she is currently receiving?			
5. Does your child/student exhibit poor behavior in school due to hunger or inadequate nutrition?			
6. Does your child/student exhibit a short attention span or inability to concentrate at school due to hunger or inadequate nutrition?			
7. Does your child/students show signs of fatigue and/or low energy?			
8. Does your child/student seem unable to relate well with others due to nutritional issues?			

I, (your name) _____, grant permission for my child/student

(child's name) _____, to participate in **LIFTUP'S Summer Lunch Program.**

SIGNATURE _____ Date: _____

**** Please return this form to your school's administrator, or email to Kristal Southworth at food@liftuprc.org****





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LiftUp's Summer Lunch Program

Dear Parents,

Just as learning does not end when school lets out, neither does a child's need for good nutrition. LiftUp is once again offering weekly meals for school-aged children during the summer, free of charge. We believe nutritious meals will help us better meet our goal to support the health, well-being and performance of Routt County's school-aged children.

Our **Rocket Pack Summer Lunch Program** will start on June 7th. Once the **Rocket Pack Program** begins, we will provide meals to participating students. Those students and/or their parents will be able to come to our food bank in Steamboat to pick up their bags, which will provide a week's worth of lunches for the participating child. **(Don't forget to bring ID!)** We will have the bags available:

- Tuesdays, 1:00 – 5:00 pm in Steamboat.
- Tuesdays 9:30 - 11:00 am in Oak Creek
- Wednesdays 10:00 am – 1:00 pm in Hayden

If you believe that your child would benefit from this assistance, please register him/her using the application form on the back of this page. **Once you have completed the form, please drop it off at any of our LiftUp Food Bank locations or email to food@liftuprc.org before the end of the year.**

For questions or concerns, please contact Kristal Southworth at LiftUp (970) 875-3442.

We are looking forward to helping your child have a productive and positive summer!

Sincerely,

Kristal Southworth
Food Resource Coordinator
LiftUp of Routt County

