



**LIFTUP OF ROUTT COUNTY**  
 2125 Curve Court  
 Steamboat Springs, CO 80487  
 970-875-3443 [programs@liftuprc.org](mailto:programs@liftuprc.org)

## LiftUp Rocket Pack Snack Program 2020-21

<b>Student Information</b> <i>(Please complete a separate form for each child.)</i>		
Child's Name	School	
Teacher's Name	Grade	

Referred by: Parent <input type="checkbox"/> Teacher <input type="checkbox"/> Administrator <input type="checkbox"/> Boys & Girls Club <input type="checkbox"/> Other <input type="checkbox"/>	
Name	
Email address	Phone

Is the child from a low-income family and/or does the child experience food insecurity? Even if the family is not enrolled in a low-income program, the child may still qualify for the program based on the answers given below. Please respond in one of the following 2 sections in order to qualify the child for this program:

**PLEASE SELECT ONE OF THE FOLLOWING for the child's family/guardian:**

SNAP  TANF  WIC  Free or Reduced lunch  LiftUp Client  or, current monthly income \$ \_\_\_\_\_

**PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT THE CHILD, even if you did not check any of the above:**

	YES	SOMETIMES	NO
1. Does your child/student experience significant hunger during the school day?			
2. Did your child/student ask for snacks after eating lunch?			
3. Did your child/student express a desire to have similar snacks choices as their peers?			
4. Do you feel your child/student needs more nutritional food than he/she is currently receiving?			
5. Does your child/student exhibit poor behavior in school due to hunger or inadequate nutrition?			
6. Does your child/student exhibit a short attention span or inability to concentrate at school due to hunger or inadequate nutrition?			
7. Does your child/students show signs of fatigue and/or low energy?			
8. Does your child/student seem unable to relate well with others due to nutritional issues?			

I, (your name) \_\_\_\_\_, grant permission for my child/student

(child's name) \_\_\_\_\_, to participate in **LIFT-UP's School Snack Program**.

SIGNATURE \_\_\_\_\_ Date: \_\_\_\_\_

\*\* Please return this form to your school's administrator, or email to Kristal Southworth at [food@liftuprc.org](mailto:food@liftuprc.org)\*\*





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## LiftUp's Rocket Pack Snack Program

Dear Parents/Guardians,

LiftUp is partnering with your child's school to offer a supply of nutritious snacks for children during the school week, FREE OF CHARGE. Your child is eligible to participate in this program if the child qualifies for the Free/Reduced Lunch Program, if you are currently receiving food or services from LiftUp or from the Department of Human Services, or based on the answers to the questions on the reverse. Any adult can register any child in participating schools or organizations for this program, as long as the child qualifies. If you are unsure if your child qualifies, you may contact us at LiftUp; we can help you determine your child's eligibility.

We believe that the nutritious classroom snacks we are going to provide will help us better meet our goal to support the health, well-being and performance of Routt County's school-aged children by ensuring that they are not preoccupied with hunger.

When the Rocket Pack Snack Program starts, classroom teachers will hand out snacks each day during the school week to participating students. Those students will continue to receive snacks until the end of the school year, or until they opt out of the program.

If you believe your child or a child you know would benefit from this assistance, please register the child using the application form on the back of this page. Once you have completed the form, please return it to your school office, or email to Kristal Southworth, Food Resource Coordinator, at [food@liftuprc.org](mailto:food@liftuprc.org). If you have questions or concerns, please contact Kristal Southworth at (970) 875-3442.

We are looking forward to helping your child have a productive, positive school year!

Sincerely,

Kristal Southworth  
Food Resource Coordinator  
LiftUp of Routt County

